

# TRAINING COURSE DESCRIPTIONS

## 13 Hours of CLEST

**DETOX YOUR WORK ENVIRONMENT COURSE:** Do you ever wonder why you feel so exhausted at the end of the workday? Dealing with toxic and difficult co-workers on a daily basis can turn your dream job into a nightmare! You spend all of your energy dealing with issues, resolving problems, and the main culprit - your co-workers. All this can be extremely draining, especially if you have to come to the same environment every day. As the pressures of emotionally-charged interactions with your co-workers increase, you may find it challenging to handle these down-right negative and argumentative people.

**Introduction to Explosives and IED Awareness Course:** This class will cover the bomb response assets available within the state of Arkansas. Participants will be provided with explosives familiarization, to include recognition of commercial, military, and homemade explosives, as well as their function and uses. The class will further provide IED familiarization, to include information on the composition of an IED and the various sources of information available for the construction of IEDs. Additionally, participants will gain information on bomb threats and search procedures, to include evaluating the credibility of a bomb threat, recommendations on the development of a search team, and proper search procedures. Following the classroom portion, an explosives demonstration, utilizing various commercial and improvised explosives, will be conducted to help reinforce lessons presented in the course.

**OFFICER SAFETY COURSE:** Officer Safety issues are a concern for every sworn police officer. The law enforcement profession currently averages approximately 150 line of duty deaths (LODDs) per year. This presentation will explore the principle concepts of the "Below 100" initiative. Officers will be highly encouraged to attend the "Below 100" class that is built on the premise of reducing the number of LODDs to fewer than 100 in a year through safety measures. The course delivery will include small group discussions. Current trends around the country and studies of several officer-down scenarios will also be presented. This course is designed for all certified law enforcement officers.

**A.L.I.C.E. (Alert, Lockdown, Inform, Counter, Evacuate) COURSE:** The ALICE platform is an acronym for Alert, Lockdown, Inform, Counter, and Evacuate. The primary premise of the training is to teach the attendees how to respond proactively rather than passively to an active shooter/armed intruder scenario. For decades, lives have been lost by people bunkering down, hiding, and waiting for the Cavalry to arrive....Columbine, Virginia Tech, Sandy Hook, the list goes on and on. This training, which is nationally recognized, teaches proactive response that has been proven to save lives and avoid casualties when followed. I have graduated from two instructor schools as part of my certification, as well as completing national training in Nashville, and have taught this training not only locally to all of our schools, and many of our churches, banks, and businesses, but have taught the training statewide to the Arkansas Health Department, schools, and business all throughout the state. All of my team members are likewise Certified Advanced Active Shooter Instructors. We provide the training through the Batesville Police Department where I am a certified officer, and serve as Community Relations Officer with a dual Commission by both Batesville PD and the Independence County Sheriff's Department. Batesville PD recently won 4 Trendsetter Awards at the Municipal League Conference in Ft. Smith, one of which was in the category of Public Safety as a result of our Community Relations Team, and specifically our work in the area of active shooter response training. In summary, this is a nationally recognized lifesaving active shooter response program that many entities and individuals simply do not know about. Many places either train incorrectly, or provide no training, resulting in significant needless casualties in armed intruder situations, all of which are highly survivable is responded to correctly.